

Light Bites

Monday to Saturday
11am to 4pm



Sandwiches

freshly made to order on white or wholemeal bread £4.25

Your choice of -

grated cheddar cheese, chicken tikka with lettuce, sliced ham & tomato
tuna, onion and mayo, chicken salad, sliced chicken breast

Combo

soup of the day with your choice of above sandwich £7.50

Jacket Potatoes

served with crispy salad garnish & topped with one of the following -
homemade coleslaw, grated cheddar, chicken tikka, cheese & bacon
tuna, onion and mayo, saute mushrooms - £7.95

prawn marie rose (£2 extra)

Eight South Brunch

sausages, bacon, eggs, grilled tomato, baked beans & mushrooms
with a choice of soda & potato bread or toast £8.50



Dry aged Steaks



100% Irish award winning quality of local origin
bringing great beef to your table
can be served on a sizzling platter -
remember if its sizzling its still cooking!!

12oz Sirloin £22.95

Fillet (most tender cut)

8oz Petite £21.95 or 12oz Supreme £28.50

all steaks are served with onion rings, saute mushrooms &
your choice of sauce boat -



Starters

Signature Soup

shredded chicken served with freshly baked wheaten bread £4.25

Today's Soup

served with freshly baked wheaten bread £4.25

Buffalo Wings

with carrot & celery batons and a choice of BBQ or blue cheese sauce £6

Selection of Homebaked Breads

roast pine nut & rosemary butter, sundried tomato & black olive tapenade £5

Goats Cheese & Beetroot Brushetta

baby leaf salad with candied walnuts, balsamic syrup & crispy parsnips £6.50

Seafood Chowder

delicious combination of fresh seafood & shellfish
served with freshly baked wheaten £6.50

Salt n Chilli Squid

deep fried squid tossed in our own seasoning £6

Chefs Pate

chicken liver pate & melba toasts with tomato & chilli jam £5.50

Prawn Cocktail

traditional favourite with homebaked wheaten bread £6.50



Seafood



Suffolk Smokie

smoked cod on creamy mash glazed with cheddar cheese
accompanied with a chive sauce, served with
a medley of fresh market vegetables £14.95

Beer Battered Haddock

hand cut fries, tartare sauce & garden peas £12.95

Pan Seared Salmon

lemon & chive sauce on a bed of chive mash
served with a selection of seasonal vegetables £15.95

Seafood Chowder main course portion

served with garlic bread £10.50

Open Prawn & Red Apple

Norwegian prawns on a bed of freshly baked wheaten bread
topped with marie rose sauce and served with dressed salad £11.95



House Favourites

Rotisserie Chicken Pie

house recipe served with medley of vegetables
a choice of potato and a boat of delicious gravy £11.95

Pork & Leek Sausages

mc cartneys award winning on a bed of creamed potatoes & garden peas
topped with tobacco onions served with a boat onion gravy £11.50

Homebaked Lasagne

served with salad garnish & garlic ciabatta £11.50

Sizzling Peppercorn Beef

tender strips on a bed of saute mushrooms & onions topped with a
creamy peppercorn sauce served on a skillet with a side of your choice £14.50

Eight South Burger

grade "a" farm assured minced beef with onions & spices topped with
a slice of red leicester on a fresh brioche roll with lettuce tomato
& red onion served with hand cut chips and coleslaw £10.95

Slow Roasted Pork Ribs

marinated in our own recipe and cooked slowly to ensure tenderness, with a
rich bourbon & bbq glaze garnished with hand cut chips & coleslaw £12.95

Pulled Pork Stack

slowly roasted to ensure tenderness, served on a soft bap with
coleslaw & lettuce garnished with chips and a side of smoky bbq sauce £10.50

Rotisserie Cooked Chicken



100% Irish origin
served with coleslaw &
a choice of side & sauce



Whole - £17.50 Half - £12.95

Pan Fried Chicken Breast

served on chive mash with crispy bacon & wild mushroom sauce
served with a medley of fresh market vegetables £13.50

Eight South Chicken Curry

chefs creamy curry served with fluffy rice & garnished with chips £11.95

Chicken Goujons

lightly battered tenders with a choice of side and dipping sauce £12.95

Sizzling Peppercorn Chicken

tender strips of chicken fillet on a bed of saute mushrooms & onions
topped with a creamy peppercorn sauce served on a skillet with
a side of your choice £14.50

Chicken Carbonara

breast of chicken tossed in a creamy bacon & mushroom sauce
on a bed of penne pasta topped with parmesan shavings
served with garlic bread £12.50

Chicken Burger

lightly breaded fillet of chicken on a fresh brioche roll, lettuce tomato &
red onion served with hand cut chips, coleslaw and a side of chipotle £11.50

The Sauces

blue cheese
garlic
creamy peppercorn
or rich onion gravy
£2.25



The Dips

Mayo
BBQ
garlic mayo
sweet chilli
blue cheese
£1.25



Stone Baked Pizza

available from 4pm

spicy tomato sauce base

Margherita

classic tomato sauce & pure mozzarella £10

Pepperoni

generous portion of pepperoni & mozzarella £11.50

North Carolina

BBQ pulled pork, red onion, mushrooms & rocket £14

Aztec

shredded beef, chilli sauce, jalapeno, mushroom, red onion & topped with a sour cream drizzle £15

Holy Goat

balsamic caramelized onion, crumbed goats cheese, sliced red peppers & basil pesto drizzle £13.50

Ontario

shredded ham, diced pineapple, sweet chilli drizzle £13.50

Pollo

shredded local sourced chicken, spicy salami, red onion, mushrooms & topped with a garlic drizzle £15

Extra toppings

non meat - £1 / meat, chicken, goats cheese - £2
drizzles - 50p

Pizzas also available to take away



Vegetarian

Mediterranean Open

roasted bell peppers, courgettes & thick sliced salad onion on ciabatta bread topped with creamy brie & served with your choice of side £11.95

Vegetable Curry

a panache of vegetables cooked in our own curry sauce served with braised rice, hand cut chips and garlic bread £11.95

Pasta Petriello

mixed peppers, onions, sugar snap peas & mushrooms bound in a cream sauce set on a bed of penne pasta £11.95

& The Sides



tobacco onions
selection of vegetables
homemade coleslaw
saute mushrooms
french fried onions
tomato & red onion salad

£3
per
portion

boiled rice
creamy mash
hand cut chips
spicy wedges
baked potato
sweet potato fries
garlic potatoes

put them in the middle sharing is caring!!

Senior Citizens Specials

available Mon - Sat from 11.30am - 4.30pm



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