

Light Bites 11am to 4pm only



Sandwiches

freshly made to order on white or wholemeal bread £4.25

Your choice of -

grated cheddar cheese, chicken tikka with lettuce, sliced ham & tomato
tuna, onion and mayo, chicken salad, sliced chicken breast

Combo

soup of the day with your choice of above sandwich £7.50

Jacket Potatoes

served with crispy salad garnish & topped with one of the following -
homemade coleslaw, grated cheddar, chicken tikka, cheese & bacon
tuna, onion and mayo, saute mushrooms - £7.95

prawn marie rose (£2 extra)

Eight South Brunch

sausages, bacon, eggs, grilled tomato, baked beans & mushrooms
with a choice of soda & potato bread or toast £8.50



Dry aged Steaks



100% Irish award winning quality of local origin
bringing great beef to your table
can be served on a sizzling platter -
remember if its sizzling its still cooking!!

12oz Sirloin £22.95

Fillet (most tender cut)

8oz Petite £21.95 or 12oz Supreme £28.50

all steaks are served with onion rings, saute mushrooms &
your choice of sauce boat -



Starters

Signature Soup

shredded chicken served with freshly baked wheaten bread £4.25

Today's Soup

served with freshly baked wheaten bread £4.25

Buffalo Wings

with carrot & celery batons and a choice of BBQ or blue cheese sauce £6

Selection of Homebaked Breads

roast pine nut & rosemary butter, sundried tomato & black olive tapenade £5

Goats Cheese & Beetroot Brushetta

baby leaf salad with candied walnuts, balsamic syrup & crispy parsnips £6.50

Seafood Chowder

delicious combination of fresh seafood & shellfish
served with freshly baked wheaten £6.50

Salt n Chilli Squid

deep fried squid tossed in our own seasoning £6

Chefs Pate

chicken liver pate & melba toasts with tomato & chilli jam £5.50

Prawn Cocktail

traditional favourite with homebaked wheaten bread £6.50



Seafood



Beer Battered Haddock

hand cut fries, tartare sauce & garden peas £12.95

Pan Seared Salmon

lemon & chive sauce on a bed of chive mash
served with a selection of seasonal vegetables £15.95

Seafood Chowder main course portion

served with garlic bread £10.50

Suffolk Smokie

smoked cod on creamy mash glazed with cheddar cheese
accompanied with a chive sauce,
served with a medley of fresh market vegetables £14.95

Open Prawn & Red Apple

Norwegian prawns on a bed of freshly baked wheaten bread
topped with sauce marie rose and served with dressed salad £11.95



House Favourites

Rotisserie Chicken Pie

house recipe served with medley of vegetables
a choice of potato and a boat of delicious gravy £10.95

Pork & Leek Sausages

mc cartneys award winning on a bed of creamed potatoes & garden peas
topped with tobacco onions served with a boat onion gravy £11.50

Homebaked Lasagne

served with salad garnish & garlic ciabatta £11.50

Sizzling Peppered Beef

tender strips on a bed of saute mushrooms & onions topped with a
creamy peppercorn sauce served on a skillet with a side of your choice £14.50

Eight South Burger

grade "a" farm assured minced beef with onions & spices topped with
a slice of red leicester on a fresh brioche roll with lettuce tomato
& red onion served with hand cut chips and coleslaw £10.95

Slow Roasted Pork Ribs

marinated in our own recipe and cooked slowly to ensure tenderness, with a
rich bourbon & bbq glaze garnished with hand cut chips & coleslaw £12.95

Pulled Pork Stack

slowly roasted to ensure tenderness, served on a soft bap with
coleslaw & lettuce garnished with chips and a side of smoky bbq sauce £10.50

Rotisserie Cooked Chicken



100% Irish origin
served with coleslaw &
a choice of side & sauce



Whole - £17.50 Half - £12.95

Pan Fried Chicken Breast

served on chive mash with crispy bacon & wild mushroom sauce
served with a medley of fresh market vegetables £13.50

Eight South Chicken Curry

chefs creamy curry served with fluffy rice & garnished with chips £11.95

Chicken Goujons

lightly battered tenders with a choice of side and dipping sauce £12.95

Sizzling Peppered Chicken

tender strips of chicken fillet on a bed of saute mushrooms & onions
topped with a creamy peppercorn sauce served on a skillet with
a side of your choice £14.50

Chicken Carbonara

breast of chicken tossed in a creamy bacon & mushroom sauce
on a bed of penne pasta topped with parmesan shavings
served with garlic bread £12.50

Chicken Burger

lightly breaded fillet of chicken on a fresh brioche roll, lettuce tomato &
red onion served with hand cut chips, coleslaw and a side of chipotle £11.50

The Sauces

blue cheese
garlic
creamy peppercorn
or rich onion gravy
£2.25



The Dips

Mayo
BBQ
garlic mayo
sweet chilli
blue cheese
£1.25



Stone Baked Pizza

available from 4pm

spicy tomato sauce base

Margherita

classic tomato sauce & pure mozzarella £9

Pepperoni

generous portion of pepperoni & mozzarella £11

North Carolina

BBQ pulled pork, red onion, mushrooms & rocket £13.50

Aztec

shredded beef, chilli sauce, jalapeno, mushroom, red onion & topped with a sour cream drizzle £14

Holy Goat

balsamic caramelized onion, crumbed goats cheese, sliced red peppers & basil pesto drizzle £12.50

Ontario

shredded ham, diced pineapple, sweet chilli drizzle £12.50

Pollo

shredded local sourced chicken, spicy salami, red onion, mushrooms & topped with a garlic drizzle £14

Extra toppings

non meat - £1 / meat, chicken, goats cheese - £1.75
drizzles - 40p

Pizzas also available to take away



Vegetarian

Mediterranean Open

roasted bell peppers, courgettes & red onion on ciabatta bread topped with creamy brie & served with your choice of side £11.95

Vegetable Curry

a panache of vegetables cooked in our own curry sauce served with braised rice, hand cut chips and garlic bread £11.95

Pasta Petriello

mixed peppers, onions, sugar snap peas & mushrooms bound in a cream sauce set on a bed of penne pasta £11.95

& The Sides



tobacco onions
selection of vegetables
homemade coleslaw
saute mushrooms
french fried onions
tomato & red onion salad

£3
per
portion

creamy mash
hand cut chips
spicy wedges
baked potato
sweet potato fries
garlic potatoes

put them in the middle sharing is caring!!

Senior Citizens Specials

available Mon - Sat from 11am - 4pm



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