Light Bites 11am to 4pm only

Sandwiches
freshly made to order on white or wholemeal bread £4.25
Your choice of -
grated cheddar cheese, chicken tikka with lettuce, sliced ham & tomato
tuna, onion and mayo, chicken salad, sliced chicken breast

Combo
soup of the day with your choice of above sandwich £7.50

Jacket Potatoes
served with crispy salad garnish & topped with one of the following -
homemade coleslaw, grated cheddar, chicken tikka, cheese & bacon
tuna, onion and mayo, saute mushrooms - £7.95
prawn marie rose (£2 extra)

Eight South Brunch
sausages, bacon, eggs, grilled tomato, baked beans & mushrooms
with a choice of soda & potato bread or toast £8.50

Starters

Signature Soup
shredded chicken served with freshly baked wheaten bread £4.25

Today's Soup
served with freshly baked wheaten bread £4.25

Buffallo Wings
with carrot & celery batons and a choice of BBQ or blue cheese sauce £6

Selection of Homebaked Breads
roast pine nut & rosemary butter, sundried tomato & black olive tapenade £5

Goats Cheese & Beetroot Brushetta
baby leaf salad with candied walnuts, balsamic syrup & crispy parsnips £6.50

Seafood Chowder
delicious combination of fresh seafood & shellfish
served with freshly baked wheaten £6.50

Salt n Chilli Squid
deep fried squid tossed in our own seasoning £6

Chefs Pate
chicken liver pate & melba toasts with tomato & chilli jam £5.50

Prawn Cocktail
traditional favourite with homebaked wheaten bread £6.50

Rotisserie Cooked Chicken

100% Irish origin
served with coleslaw &
a choice of side & sauce

Whole - £17.50 Half - £12.95

Pan Fried Chicken Breast
served on chive mash with crispy bacon & wild mushroom sauce
served with a medley of fresh market vegetables £13.50

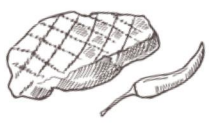
Eight South Chicken Curry
chefs creamy curry served with fluffy rice & garnished with chips £11.95

Chicken Goujons
lightly battered tenders with a choice of side and dipping sauce £12.95

Sizzling Peppered Chicken
tender strips of chicken fillet on a bed of saute mushrooms & onions
topped with a creamy peppercorn sauce served on a skillet with
a side of your choice £14.50

Chicken Carbonara
breast of chicken tossed in a creamy bacon & mushroom sauce
on a bed of penne pasta topped with parmesan shavings
served with garlic bread £12.50

Chicken Burger
lightly breaded fillet of chicken on a fresh brioche roll, lettuce tomato &
red onion served with hand cut chips, coleslaw and a side of chipotle £11.50



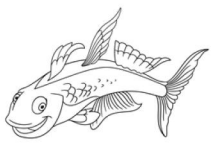
Dry aged Steaks

100% Irish award winning quality of local origin
bringing great beef to your table
can be served on a sizzling platter -
remember if its sizzling its still cooking!!

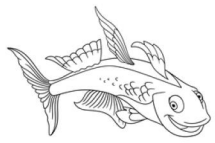
12oz Sirloin £22.95

Fillet (most tender cut)
8oz Petite £21.95 or 12oz Supreme £28.50

all steaks are served with onion rings, saute mushrooms &
your choice of sauce boat -



Seafood



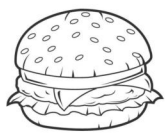
Beer Battered Haddock
hand cut fries, tartare sauce & garden peas £12.95

Pan Seared Salmon
lemon & chive sauce on a bed of chive mash
served with a selection of seasonal vegetables £15.95

Seafood Chowder main course portion
served with garlic bread £10.50

Suffolk Smokie
smoked cod on creamy mash glazed with cheddar cheese
accompanied with a chive sauce,
served with a medley of fresh market vegetables £13.95

Open Prawn & Red Apple
Norwegian prawns on a bed of freshly baked wheaten bread
topped with sauce marie rose and served with dressed salad £11.95



House Favourites

Rotisserie Chicken Pie
house recipe served with medley of vegetables
a choice of potato and a boat of delicious gravy £10.95

Pork & Leek Sausages
mc cartneys award winning on a bed of creamed potatoes & garden peas
topped with tobacco onions served with a boat onion gravy £11.50

Homebaked Lasagne
served with salad garnish & garlic ciabatta £11.50

Sizzling Peppered Beef
tender strips on a bed of saute mushrooms & onions topped with a
creamy peppercorn sauce served on a skillet with a side of your choice £14.50

Eight South Burger
grade "a" farm assured minced beef with onions & spices topped with
a slice of red leicester on a fresh brioche roll with lettuce tomato
& red onion served with hand cut chips and coleslaw £10.95

Slow Roasted Pork Ribs
marinated in our own recipe and cooked slowly to ensure tenderness, with a
rich bourbon & bbq glaze garnished with hand cut chips & coleslaw £12.95

Pulled Pork Stack
slowly roasted to ensure tenderness, served on a soft bap with
coleslaw & lettuce garnished with chips and a side of smoky bbq sauce £10.50

The Sauces & The Dips

The Sauces
blue cheese
garlic
creamy peppercorn
gravy
£2.25

The Dips
Garlic butter
BBQ
garlic mayo
sweet chilli
blue cheese
£1.25

Stone Baked Pizza

served from 4pm spicy tomato sauce base

Margherita
classic tomato sauce & pure mozzarella £9

Pepperoni
generous portion of pepperoni & mozzarella £11

North Carolina
BBQ pulled pork, red onion, mushrooms & rocket £13.50

Aztec
shredded beef, chilli sauce, jalapeno, mushroom, red onion & topped with a sour cream drizzle £14

Holy Goat
balsamic carmelized onion, crumbed goats cheese, sliced red peppers & basil pesto drizzle £12.50

Ontario
shredded ham, diced pineapple, sweet chilli drizzle £12.50

Pollo
shredded local sourced chicken, spicy salami, red onion, mushrooms & topped with a garlic drizzle £14

Extra toppings
non meat - £1 / meat, chicken, goats cheese - £1.75
drizzles - 40p

Pizzas also available to take away

Vegetarian

Mediterranean Open
roasted bell peppers, courgettes & red onion on ciabatta bread topped with creamy brie & served with your choice of side £11.95

Vegetable Curry
a panache of vegetables cooked in our own curry sauce served with braised rice, hand cut chips and garlic bread £11.95

Pasta Petriello
mixed peppers, onions, sugar snap peas & mushrooms bound in a cream sauce set on a bed of penne pasta £11.95

& The Sides

£3 per portion

tobacco onions
selection of vegetables
homemade coleslaw
saute mushrooms
french fried onions
tomato & red onion salad

creamy mash
hand cut chips
spicy wedges
baked potato
sweet potato fries
garlic potatoes

put them in the middle sharing is caring!!

Childrens Choice

Mini Pork Sausages
4oz Burger
Lasagne
Chicken Nuggets
Fish Bites
above served with a choice of two of the following:-
mash, fries, wedges, peas, beans, coleslaw

Chicken Curry
served with rice or chips

£5.95
(served with a choice of fruit shoot)

Jelly & Ice Cream
Trio of Ice Creams
Chocolate Brownie
served with vanilla ice cream & chocolate sauce

£2.75

Desserts

Todays Cheesecake
with whipped cream

Chocolate Brownie
chocolate sauce & vanilla ice-cream

Sticky Toffee Pudding
toffee sauce & vanilla ice-cream

Apple & Cinnamon Crumble
custard, ice-cream or fresh cream

Mini Chocolate Eclairs
with sliced strawberry & cream

Fresh Fruit Pavlova
traditional meringue based dessert

Trio of Ice-Creams

£5.50 each

Liquid Desserts

Irish (Whiskey), Royale (brandy)
Calypso (tia maria)
French (gran marnier), Italian (ameretto)
Jamacian (rum)
with a topping of whipped cream

£5.50 each

Harveys Bristol Cream Sherry £3.20
Taylor 10 year old Port £4

Senior Citizens Special 20% discount on food

Mon - Sun from 11am - 4pm (offer excludes steaks)